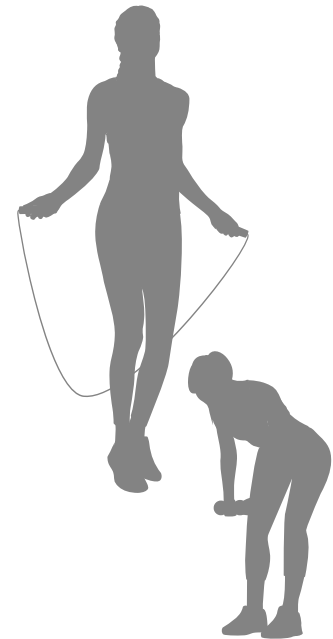


HORARIOS DE CLASES GIMNASIO

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
09:00 - 9:45	AQUAGYM	AQUAGYM	AQUAGYM	AQUAGYM	AQUAGYM	
10:00 - 10:45	CIRCUIT TRAINING	TRX	FULL BODY	G.A.P	BODY BANDS	
11:00 - 11:45	PILATES		PILATES		TRX	
13:00 - 13:45						AQUAGYM
16:00 - 16:45	AQUATERAPIA	PILATES	AQUATERAPIA	PILATES	CORE 30'	
17:00 - 17:45	FULL BODY	CIRCUIT TRAINING	FULL BODY	G.A.P		
17:15 - 18:00					CARDIO STEP	
18:00 - 18:45	HIT COMBAT	G.A.P	TRX	CIRCUIT TRAINING		
18:15- 19:00					HIT COMBAT	
19:00 - 19:45	AQUAGYM	AQUABOX	AQUAGYM	AQUABOX		
19:00 - 19:45	CICLO INDOOR	CICLO INDOOR	CICLO INDOOR	CICLO INDOOR		
19:15 - 19:45					PILATES	
20:00 - 20:45		PILATES		PILATES		



¡RESERVA TU PLAZA
ESCANEANDO EL QR!

BOOK YOUR PLACE BY
SCANNING THE QR!



